

# Resource list – Canada

Compiled by Caron Gan

## Brain Injury Associations

Each province has a brain injury association that is a good starting point for information about brain injury, advocacy, resources, and useful links.

### British Columbia Brain Injury Association

Web: [www.brainassociation.com](http://www.brainassociation.com)

Ph: 1-800-510-3221

### Brain Injury Association of Alberta

Web: [www.biaa.ab.ca](http://www.biaa.ab.ca)

Ph: 1-888-533-5355

(Toll free if in Alberta)

### The Saskatchewan Brain Injury Association

Web: [www.sfn.saskatoon.sk.ca/health/shia](http://www.sfn.saskatoon.sk.ca/health/shia)

Ph: 306-373-1555

### Manitoba Brain Injury Association

Web: [www.escape.ca/~mhia](http://www.escape.ca/~mhia)

Ph: 204-953-5353

### Toronto Acquired Brain Injury Network

Web: [www.abinetwork.ca](http://www.abinetwork.ca)

Ph: 416-597-3057

### Newfoundland Brain Injury Society

Web: [www.nbia.nf.ca](http://www.nbia.nf.ca)

Ph: 709-579-3070

### Brain Injury Association of Nova Scotia

Web: [www3.ns.sympatico.ca/bians1](http://www3.ns.sympatico.ca/bians1)

Ph: 902-425-5060

### Ontario Brain Injury Association

Web: [www.obia.on.ca](http://www.obia.on.ca)

Ph: 1-800-263-5404

## Sexual Health Resources

### Health Canada – Sexual Health and Sexually Transmitted Infections

Web: [www.hc-sc.gc.ca/pphb-dgspstd-std-mts](http://www.hc-sc.gc.ca/pphb-dgspstd-std-mts)

Use this website to find the sexual health clinics in your province. The clinics offer a range of services including sexual counseling.

### Canadian Health Network

Web: [www.canadian-health-network.ca](http://www.canadian-health-network.ca)

### SexualityandU – Your Link to Sexual Well-Being

(Society of Obstetricians and Gynecologists of Canada) Web: [www.sexualityandu.ca](http://www.sexualityandu.ca)

### Sex Information and Education Council of Canada (SIECCAN)

Web: [www.sieccan.org](http://www.sieccan.org) Ph: 416-466-5304

### Planned Parenthood Federation of Canada

The Planned Parenthood Federation has services across Canada.

Click on the website to find the service closest to you. Web: [www.ppfca.ca](http://www.ppfca.ca)

## AIDS/HIV

### Canadian HIV/AIDS Clearing House

Web: [www.aidsida.cpha.ca](http://www.aidsida.cpha.ca)

## Women's Health Resources

Web: [www.fhs.mcmaster.ca/women/s.html](http://www.fhs.mcmaster.ca/women/s.html)

Wide range of resources and information about women's issues.

## Lesbian Gay Bisexual Resources

Parents, Families, and Friends of Lesbians and Gays

Web: [www.pflag.ca](http://www.pflag.ca)

## Rape crisis / Sexual assault

Rape crisis/sexual assault services are listed in the front of the phone book.

## Sexuality and Disability

### Sexual Health Network

Web: [www.sexualhealth.com](http://www.sexualhealth.com)

### GimpGirl

Web: [www.gimpgirl.com](http://www.gimpgirl.com)

### Disability Sex

Web: [www.disabilitysex.com](http://www.disabilitysex.com)

### DisAbled Women's Network Canada (DAWN)

Web: [www.dawncanada.net](http://www.dawncanada.net)

## Resources for Youth

### Kids Help Phone: Tools for Life (Sexuality)

Ph: 1-800-668-6868, Web: <http://kidshelp.sympatico.ca/en>

### Planet Ahead

Web: [www.planetahead.ca](http://www.planetahead.ca)

### Teen Health Website – Nova Scotia

Web: [www.chebucto.ns.ca/Health/TeenHealth](http://www.chebucto.ns.ca/Health/TeenHealth)

### Spiderbytes

Web: [www.spiderbytes.ca](http://www.spiderbytes.ca)

### Cyberisle

Web: [www.cyberisle.org](http://www.cyberisle.org)

## Sexual Counselling Services

### Sexual Health Service, GF Strong Rehabilitation Centre

Ph: 604-737-6233 Fax 604-737-6359

Service in British Columbia

### Board of Examiners in Sex Therapy and Counselling in Ontario

Ph: 416-485-4073, Web: [www.bestco.info](http://www.bestco.info)

To find a registered sex therapist in Ontario.

For other provinces, try the Health Canada – Sexual Health website:

[www.hc-sc.gc.ca/pphb-dgsp/std-mts](http://www.hc-sc.gc.ca/pphb-dgsp/std-mts) and follow the links.

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To download further copies of this Resource list, go to: [www.swsahs.nsw.gov.au/biru](http://www.swsahs.nsw.gov.au/biru) and click on the 'shopping mall', then go to the 'Sexuality Resource' lists.